

## Discussion Questions for weeks of May 15, 2016



### **BIG IDEA:**

We like to throw around the idea that we need to “Keep it 100” – to be real and true to yourself. This week we look at how in order to have a 100 view of ourselves, we must first have a 100 view of God. We look at Scripture to see how we can keep it 100, Psalm 100. If you believed this, it would change your life. God is good, He loves you, and you can trust Him.

### **ICE BREAKER:**

When is a time you tried to keep it 100 and it failed?

### **DISCUSSION:**

1. How do you view God? When you think of God, what really comes to mind?
2. What are some attributes/characteristics of God that you know are true? (Back it up with Scripture if you can)
3. Read Psalm 100 out loud. Read it again by yourself.
4. What stands out in this verse? What are attributes of God that you see?
5. What are truths you see in Psalm 100 that you are not fully believing and living out in your daily life?
6. Read Psalm 100:1. When was the last time you “[made] a joyful noise to the Lord” that wasn’t in a time of worship at church or school? What does that mean to “make a joyful noise” and live our lives in worship to God? What are some examples?
7. Read Psalm 100:2. When was the last time you “serve[d] the Lord with gladness”? What are some ways you/we can serve the Lord with gladness in our daily lives, friends, family?
8. Why does Psalm 100 say we are to respond to God in this way – singing, serving, being thankful, resting, praising blessing? Read Psalm 100:3,5.
9. God is good, He loves you, and you can trust Him. What are ways we have trouble believing this? Why?
10. If you really believed that God is good, He loves you, and you can trust Him, how would your life be different? Would it be a little different or radically different?
11. What is a verse that you love where you see the greatness of God? Look it up and share it with the group.
12. Read Psalm 100 again out loud. How does your view of God change after spending time in Scripture? How does your view of yourself change after having a right (100) view of God?