

CHECK YES OR NO

DISCUSSION QUESTIONS FROM FEBRUARY 19, 2017

BIG IDEA:

There is going to come a time in every person's life when you are going to begin feeling things that you've never felt before and becoming interested in things you've never been interested in before. We are hardwired to feel attraction, to want attention, to feel connected and loved by someone else. These feelings often put our hearts at risk and make them vulnerable to injury that impacts all areas of our lives. Check Yes or No: Will you do whatever it takes to guard your heart?

DISCUSSION:

1. Have kids look up and hold the scriptures you'll discuss: Romans 12:2, 2 Corinthians 6:14, Ephesians 6:1-3, Proverbs 15:22, 1 Corinthians 6:18, Proverbs 4:14, and Proverbs 19:21.
2. Have everyone look up and read Proverbs 4:23 together.
3. Why do you think that the Bible says to guard our heart "above all else"?
4. Why are romantic relationships a place where our hearts are especially vulnerable to injury?
5. Do you know anyone who has been hurt by a relationship? What was it like for them?
6. Let's talk about the list of the "**Top 10 Ways to Endanger Your Heart**" that was covered at Wake and discuss why we think each one was included in the list.

1. Date to Fit In. Have you ever felt pressured into a relationship that you weren't super excited about? Why would it be a dangerous idea to date "just because everyone else is" or because your friends pressure you to?

2. Date Someone Who Isn't Following Christ. Read 2 Corinthians 6:14. Why would it be a dangerous situation to date someone whose faith doesn't match yours?

3. Assume that because he/she is similar to you (faith, values, social circles) that you're safe. You might think this is a good thing, but how might it endanger your heart? Why do you think it made the list?

4. Go against what your parents say. Read Ephesians 6:1-3. What do your parents say about dating? Do you agree or disagree with them and why?

5. Date in Isolation. Read Proverbs 15:22. Why would it be a dangerous situation to date anyone without having the advice and support of close, trusted friends and family? Does it seem awkward to ask for advice and accountability when it comes to dating relationships? Who do you feel comfortable talking to about relationship stuff?

6. Get Physical. Read 1 Corinthians 6:18 & Proverbs 4:14. How could a physical relationship threaten your heart?

7. Get Spiritual. You would think that having a relationship centered around God could only be a good thing. How could getting too deep spiritually become a dangerous situation for your heart?

8. Make Plans For Your Future. Next Summer, Prom, College, Marriage, Children...Look up and read Proverbs 19:21. Why would it be dangerous to start to dream too far into the future of your relationships?

9. Sacrifice Friendships. Has anyone ever felt like they've lost a friend because that friend started spending all of their time and attention in a dating relationship? Have you forsaken friendships for a girl/boy? Why would that be dangerous for our own hearts?

10. Ignore Warning Signs. What are warning signs of a bad relationship? You fight all the time...The person you're going out with makes you cry...You feel ignored...You feel controlled...What are other warning signs that signal a bad relationship that people might ignore. How could ignoring those signs be harmful to our hearts?

APPLICATION: