



### Discussion Questions for the week of April 9th

**BIG IDEA:** "You Asked For It" is a series birthed by demand. We on the WAKE Staff polled students to see what they'd like to hear us teach. From you, the students, we walked away with several topics relevant to your everyday battles that we needed to take to God's word. This week we are taking on Social Media and Comparison.

#### ICE BREAKER:

What's the best, **appropriate** meme you've seen in a while?

#### DISCUSSION:

1. How much is Social Media a part of your day-to-day life? What social media platforms are you using?
2. How much time do you spend on that app? Pull out your phone and go to "Settings". Click on "Battery" and look at the amount of time you spend on your phone each week.
3. Why does Social Media consume so much of our time and our lives? What are we seeking to find? (*Attention, validation, approval, etc.*)
4. This week we talked about how Social Media can be used as a "Highlight Reel". How have you used Social media to be a highlight reel of your life? Why would you be using Social Media that way?
5. Read 1 Corinthians 10:31 and Genesis 1:27.
6. What is the purpose of everything we do in our life? *Glorify God, reflect His image*. How should that inform the way that we use Social Media? When you use Social Media, are you more concerned with what people think of you and how many likes you get, or glorifying God?
7. How could you use Social Media in a way that glorifies God?
8. Social Media is often used to seek the attention of others. How much time do you spend editing pictures or checking the number of likes or followers you have?
9. Read Romans 5:8, 1 Peter 1:18-19, and Galatians 1:10.
10. What do these verses reveal about how God views you and what He's done for you? Knowing that God gave everything for you, how does that impact whose approval and attention you seek? *Because we are loved by God, we no longer have to seek the approval of others. If we are "slaves of Christ", we only concern ourselves with what our "Master" thinks of us.*
11. Social Media often produces FOMO (fear of missing out). What is an example of how Social Media has caused you to compare yourself to others?
12. Read Genesis 3:3-5. How did the serpent tempt Adam and Eve? *He made them believe they were missing out.*
13. Read Genesis 2:16-17. What did God tell Adam and Eve? *"You are **free** to eat from any tree in the garden"*. God gave them EVERYTHING, but comparison and FOMO caused them to go against God's Word. How have you allowed comparison and FOMO to cause you to stray from God's Word?
14. Lastly, Social Media can unfortunately be used for Online Harassment. Have you ever experienced or been a part of online harassment?
15. Read Ephesians 4:29 and Luke 6:45. How are we supposed to use our words and actions? What causes us to speak the way that we do? What are you storing up in your heart? *To build up and edify others around us. What is stored in our hearts will come out. We must fill our hearts with God's truth!*

#### APPLICATION:

16. What comes to mind when you think of "addiction"? Have you ever considered that you could be addicted to Social Media? Take a challenge as a small group. Get off Social Media for 30 days. Hold each other accountable to this, and at the end of 30 days, share with your small group what you learned and discovered.