What to Say vs. What Not to Say



Some helpful instruction about the words & phrases we use as well as the questions we ask regarding children and families involved in foster care and adoption.

BIRTH MOTHERS & BIRTH FAMILIES

WHAT NOT TO SAY

Is she going to give up her baby?
Is she going to put up her child for adoption?

Did she decide to keep her baby? Why did the birthmother not want the baby?

WHAT TO SAY

Is she going to place her child for adoption?
Is she going to make an adoption plan?

Did she choose to parent? *Don't make assumptions*

FOSTER CARE

WHAT NOT TO SAY

Foster child/Foster kid

I could never do what you do. I could never give the child back. I could never love a child and let him go.

Aren't you worried about your own kids?
What might happen to your biological
children?

WHAT TO SAY

A child in foster care, a child placed with you

Thank you for what you do.
How can I help?

How have you talked to your children about their thoughts?

ADOPTION

WHAT NOT TO SAY

Your real, natural, or own child/parents

Normal family

Where did you get your baby?

How much did he cost?

What is he? (ethnicity/race)

WHAT TO SAY

Your biological child/parents Family with only biological children.

Tell me about your story of adoption.

Where was your child born?

When in doubt, don't allow your curiosity to get the best of you and simply ask a parent or child what terms they use to describe their experience so they can educate you.

WATERMARK