



Who Am I?

Who Are You?

What defines or identifies you as *you*?

Which of these roles do you play? (Circle all that apply.)

Spiritual Being

Son

Daughter

Sister

Brother

Friend

Leader

Student

Athlete

Church Member

Teammate

Other: _____

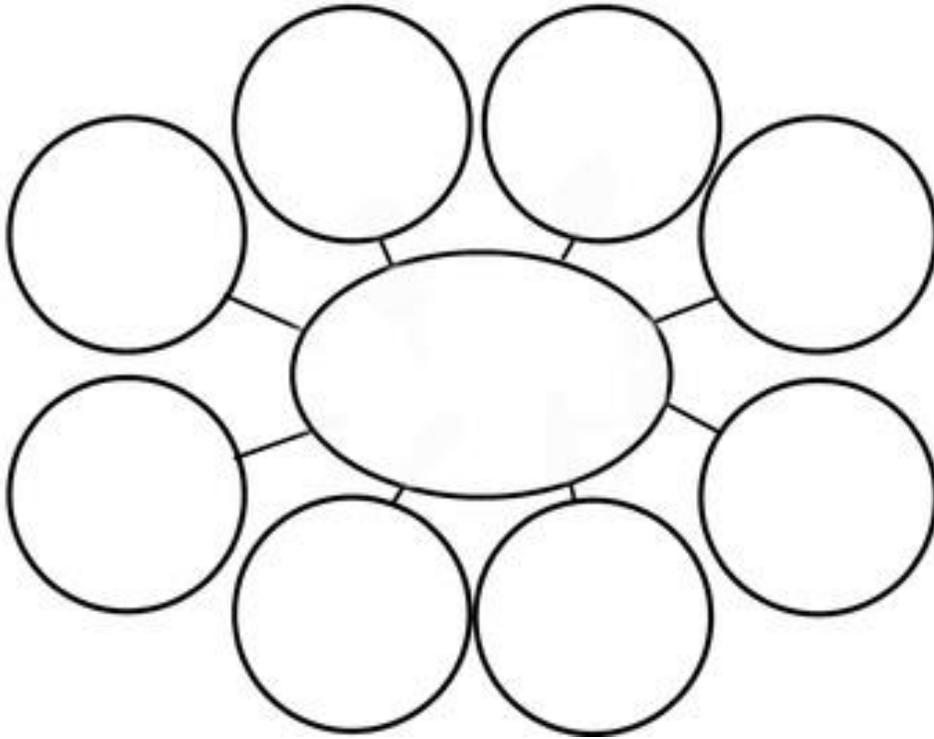
How do you see you?

How do you think God sees you?

Where are You Rooted?

Who are you surrounded by?

Write your name in the middle circle below. Then, in the outer circles, write the names of people who have the most influence of your life, because you spend the most time with them, are closest friends with them, or allow yourself to be influenced by them. (Draw more circles if needed.)



Looking at this group of people, how would you describe the group of people you allow yourself to be surrounded by?

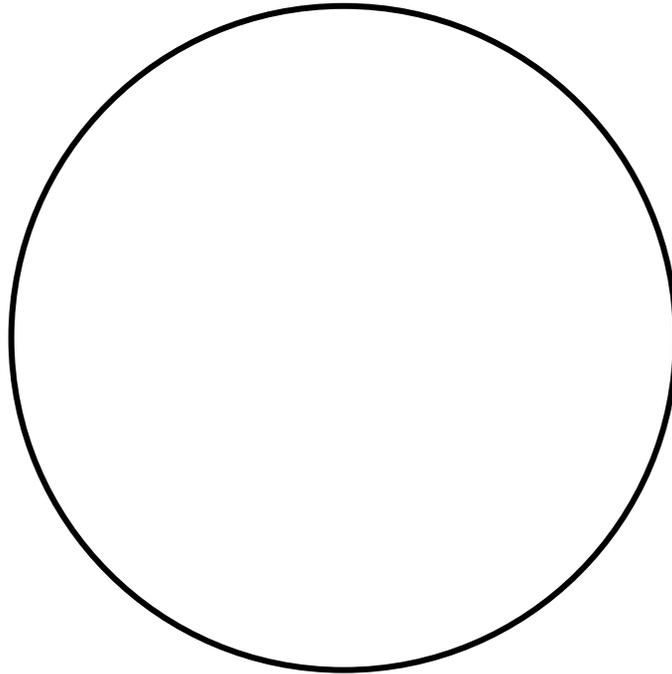
Psalm 1:1-2: Blessed are those who walk not in the council of the wicked, nor stand in the way of sinners, nor sit in the seat of scoffers.

Where are You Rooted?

What are the sources you go to frequently for nourishment, influence, satisfaction, *life*?

How do you spend the majority of your time?

In the circle below, make a pie chart of how you spend your time, not counting attending school.



How do you want to be rooted this year?

Matthew 6:21: For where your treasure is, there your heart will be also.

Where Have You Been?

Describe your family life. What has your upbringing been like?

What are some major events, moments, milestones, or turns that have occurred in your life?

List these moments on the timeline below and get a visual of how these moments have played out in your life:



What Weights are You Carrying?

Are any of the events listed above weighing on you in a negative way? Have you seen God redeem any of these things listed above?

What other things are you carrying right now because you haven't let them go or shared them with anyone else?

1 Peter 5:7: Cast your cares upon Him, because he cares for you.

Galatians 6:2: Share each other's burdens, and in this way obey the law of Christ.

Where are you headed?

Who do you want to be in 5 years?

If your life continued on the course it is now, who would you be in 5 years?

How are your answers different? How are they the same?

Where (if anywhere) do you want to grow spiritually in the next five years?

Psalm 37:4-5: Take delight in the LORD, and he will give you your heart's desires. Commit everything to the LORD. Trust him, and he will help you.

Who does God say you are?

For the following Scriptures, circle the words that describe who God says you are.

Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes. God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure. So we praise God for the glorious grace he has poured out on us who belong to his dear Son. He is so rich in kindness and grace that he purchased our freedom with the blood of his Son and forgiven our sins. (Ephesians 1:4-7)

For his Spirit joins with our spirit to affirm that we are God's children. (Romans 8:16)

"You didn't choose me, but I chose you and appointed you so that you might go and bear fruit – fruit that will last – and so that whatever you ask in my name the Father will do." (John 15:16)

For we are God's masterpiece. He has created us anew in Christ Jesus. (Ephesians 2:10)

For God gave us a Spirit not of fear, but of power and love and self-control. (2 Timothy 1:7)

No, in all these things we are more than conquerors through him who loved us. (Romans 8:37)

And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God's glory. But if we are to share his glory, we must also share his suffering. (Romans 8:17)

Finally, be strong in the Lord and in his mighty power. (Ephesians 6:10)

Cast all your anxieties on him because he cares for you. (1 Peter 5:7)

For God made Christ, who never sinned, to be the offering for our sin, so that we could be made right with God through Christ. (2 Corinthians 5:21)