

JANUARY 2019

# SELF-CONTROL

DEFINITION:

Giving up my way  
and choosing God's way



## MEMORY VERSE:

"A person without self-control is like a city with broken-down walls."

## PROVERBS 25:28 (NLT)

1/6-7

Choosing  
God's way  
is best.

Luke 10:38-41

1/13-14

We can  
choose to  
honor God  
with our bodies.

Exodus 16

1/20-21

We can  
choose to  
honor God  
with our  
attitude.

Esther

1/27-28

We can  
choose to  
honor God  
with our minds.

Matthew 16:13-26

For weekly discussion questions & at home activities

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