



Sample Accountability Questions

The Community Team at Watermark Community Church

Effective accountability should help point our eyes toward Christ and see him as the treasure above all things (Matt. 13:44-46). At times, we can confuse love with permissiveness, but gospel-centered accountability is always full of two ingredients: Grace and Truth. Grace without truth breeds moral indifference...and truth without grace breeds self-righteous legalism. Confession, repentance, Scripture-reading & prayer is essential during any time of accountability. Here are some sample questions.

- What can you celebrate that the Lord is doing in your life right now? What are you thankful for? (Psalm 107:1, 1 Thes. 5:18)
- What Scriptures have you been studying this week? (Psalm 119:11, Matthew 6:33)
 - What is the Lord teaching you? How has your relationship with Christ been changing?
- How consistent has your prayer life been this past week? (Eph 6:18, Colossians 1:3)
 - What have you been praying about?
- How have you served others and loved your neighbor this week? e.g. those in need, co-workers, friends, neighbors (Mark 12:31, Matthew 22:39)
- What do you need to confess/repent of from this past week before God and community? (Psalm 51, James 5:16, 1 John 1:9)
 - Do you understand the “trigger” for your sin struggle?
 - What emotional desires am I trying to fulfill with this sin struggle?
 - What is the “lie” in this and the truth that God promises when you trust him?
- Is God speaking to you in an area that you find difficult to listen/act?
- Have you used your financial resources this past week to glorify God?
- Who is on your 10 Most Wanted list that you’re praying for? (John 17:20)
 - What is your next step? (1. Initiate friendship, 2. Share your story of grace, 3. Invite)
- Are you walking in purity (of mind, body, and heart) before the Lord? (Psalm 51:10, 1 Cor. 6:18-20)
- In what ways have you stepped out in faith since we last met?
- Are the “visible” you and the “real” you consistent? (1 John 1:7)
- What measurable and attainable goals do you have that will challenge you to grow this week?
- What is your number one prayer request for next week?
- Have you answered these questions truthfully? (Proverbs 27:17)



Sample Accountability Questions

Married / Family Specific (*1 Peter 3:7, Ephesians 5:25-33, Phil 2:3-4*)

- How have you spent quality, relational time with your family this past week?
- How have you cultivated oneness with your spouse this past week?
- Do you regularly share with your spouse what God is doing and teaching you?
- How are you doing at praying with and for each other?
- Husbands: how are you being the spiritual leader of your family? How are you pursuing emotional intimacy with your wife?
- Wife: How have you showed honor and respect to your husband this week?
- How can I serve my spouse more effectively in these areas?