



# PHILIPPIANS

~~TO LIVE IS CHRIST~~

## DISCUSSION QUESTIONS FROM MARCH 26, 2017

### BIG IDEA:

A lot of times at Wake, we'll look at a topic or situation in our lives and see what the scripture has to say about it. This month, we are looking at God's Word and how we should live our lives because of the truth in it.

### ICE BREAKER: (Get notecards for supplies)

Give each kid a note card. Tell them to answer the following things on the notecard- 3 words to describe them, 3 things they're loving right now, 3 things that stress you out, 3 of their favorite media outlets by name (so show name, movie name or app name)... Example- Daniel Katani's card might read: 1. Courageous, disciplined, easy laugh 2. Loving his Bike, his fiancé, and la croix 3. Messy desk, people who don't cover their mouths when they cough, writing long papers 4. "man in the high castle", anything March Madness, and vine video app.

- We will reference the note card throughout the questions but you can have each kid go around and read just one of their categories.

### DISCUSSION:

1. Read Philippians 4.
2. Philippians 4:4-5. Why does Paul so boldly call us to "Rejoice in the Lord" as believers in Christ?
3. Joy should be a characteristic that marks every Christian. What is the importance of Christians being marked by joy? What attitudes mark you as a follower of Christ? Does joy fit with the 3 traits that describe you?
4. Read vs.6-7. How do you personally respond to the challenge of "do not be anxious about anything"? How is this response different in difficult times for you? When has been a time in your life that anxiety has increased? (Could be a big event like sick parent or grand parent.)
5. Prayer and thanksgiving are the keys to replacing anxiety and worry with peace. How would you describe your prayer life right now?
5. How could prayer aid you in battling things in #3? Or big moments people shared in previous question?
7. Why is it important for our hearts and minds to be guarded through prayer? *See Proverbs 4:23-27.*

*Our words and actions begin in our thoughts. So what we put into our minds and spend our time thinking about has more of an impact on us than we think.*

3. Read vs. 8-9. Examine your thought life and your content intake (TV, Songs, Movies, social media, etc.). Are you helping or hurting yourself? Look at what you wrote for number 4, are those choices you're proud of? (Leaders keep in mind we are not trying to breed Pharisees here, give grace but help them consider "intake's" affect on "output".)
3. Paul says, "What you have learned and received and heard and seen in me- practice these things." Is your life worthy of imitation for others such as Paul claimed his to be? *See Hebrews 13:7*

### APPLICATION:

10. Right now, take that notecard and write down 3 areas in your life that you can "Rejoice in the Lord" for and spend time this week reminding yourself of these and the joy you have found in Christ.
11. What are the areas in your life that cause anxiety for you that you need to turn to prayers?
  - "I am not anxious about \_\_\_\_\_, instead I am asking God \_\_\_\_\_, and I am thankful for \_\_\_\_\_."
12. In order to live with "whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable." you have to sacrifice areas of your life that are not in line with this high calling. What are some of the areas you need to give up in order to practice the things Paul talks about?