

Giving a Voice to Your Child: Conversations to Prepare for Foster Care or Adoption

Conversations should be no more than 2-3 questions at a time over meals, before dropping a child off at school, when you're putting them to bed, or while you're driving.

For Children in Foster Families

- 1. How do you feel about opening our home to foster?
- 2. Why do you think we are choosing to foster?
- 3. Do you understand why some children are in foster care?
- 4. If we were to foster a child older, younger, or the same age as you, what do you think that would be like (i.e. school, friends, time with mom and/or dad, vacations/holidays, etc.)?
- 5. Can you imagine what it would be like to be hungry, left alone, or hurt?
- 6. How do you think a child who is hungry, lonely, and/or hurt would treat other people? How do you think we might parent them differently than you?
- 7. How would you feel if you were hurt by someone you were trying to be a friend to?
- 8. What are some ways we have taught you to protect and respect yourself (i.e. private times and personal space)?
- 9. How would you feel if a child you came to love like a friend, a brother, or a sister were to go back home, and we weren't able to see him/her anymore?
- 10. How could you help us care for a child in our home who was in foster care? How could we show them our love for God, be sensitive to their story, and help them heal?
- 11. What kinds of questions do you think your friends might ask you about your sibling(s) in foster care?

For Children in Adoptive Families

- 1. Why do you think we are choosing to adopt?
- 2. Do you understand why some children need to be adopted?
- 3. If we were to adopt a child older, younger, or the same age as you, what do you think that would be like (i.e. school, friends, time with mom and/or dad, vacations/holidays, etc.)?
- 4. Can you imagine what it would be like to not have a mom or dad taking care of you?
- 5. How do you think a child who is adopted would feel joining a new family?
- 6. How could you help us welcome a child into our family as a new brother or sister?
- 7. What kinds of questions do you think your friends might ask you about our adoption?

For Children in Care Circle Families

- 1. What do you think about (foster/adoptive family's name) fostering or adopting?
- 2. Do you understand why some children are in foster care or need to be adopted?
- 3. How might a child who has been neglected, abused, or not received the same amount of attention you have act differently (i.e. maturity, school, sensory processing, social cues, etc.)?
- 4. What are some questions you might be curious to ask a child in foster care or who was adopted? How can we ask questions without letting our curiosity make us seem inconsiderate?
- 5. What would you say to (foster/adoptive family's child) if they are discouraged about the child they're fostering/have adopted? How could you encourage them without dismissing how they're feeling?
- 6. How could you be a friend or encourage them?

Resources

W.I.S.E. Up Powerbook by Marilyn Schoettle Brothers & Sisters in Adoption by Arleta James

Kinship by Design by Ellen Herman Empowered to Connect (online resource)